

March, 2024

Kaibab Paiute Newsletter



THE KAIBAB BAND OF PAIUTE INDIANS IS HIRING JOIN OUR TEAM

Full Time positions offer paid vacation and sick leave, and paid health insurance after 90 days.

JUNIOR WILDLIFE TECH (TEMPORARY)

The Junior Technician will learn to apply wildlife management principles and techniques within the context of the Kaibab Paiute Reservation and will assist the Lead Wildlife Technician by performing wildlife monitoring, predator monitoring, re-seeding, and food plot preparation. This is a temporary position for a total of 1040 hours and work hours will vary depending on department needs.

Job Descriptions:

<https://kaibabpaiute-nsn.gov/hr>



Terri Crosby, Admin/Council Secretary
Tara Spute, Diabetes Fitness Coordinator
Quanah Benson, Fitness Center Attendant
Bruce Benson, Wildlife Director
Damien Yracheeta, C-Store Cashier

Welcome

TO THE TEAM

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Made with PosterMyWall.com



Claudina Teller <cteller@kaibabpaiute-nsn.gov>

Fwd: Tribal Relations Specialist Open for Zion Group and Bryce Canyon

2 messages

Yolanda Rogers <yrogers@kaibabpaiute-nsn.gov>

Mon, Feb 26, 2024 at 1:17 PM

Bcc: cteller@kaibabpaiute-nsn.gov

Yolanda K. Rogers

928-643-8308, 435-689-0517

----- Forwarded message -----

From: **Roland Maldonado** <rmaldonado@kaibabpaiute-nsn.gov>

Date: Mon, Feb 26, 2024 at 9:46 AM

Subject: Fwd: Tribal Relations Specialist Open for Zion Group and Bryce Canyon

To: Dena Cuellar <dcuellar@kaibabpaiute-nsn.gov>, Tribal Council <tribalcouncil@kaibabpaiute-nsn.gov>

----- Forwarded message -----

From: **McCutcheon, Amanda M** <amanda_mccutcheon@nps.gov>

Date: Mon, Feb 26, 2024, 09:39

Subject: Tribal Relations Specialist Open for Zion Group and Bryce Canyon

To: NPS ZION All Employees <ZION_Group_All_Employees@nps.gov>, NPS BRCA All Employees <BRCA_All_Employees@nps.gov>, NPS IMR Superintendents <IMR_Superintendents@nps.gov>

Cc: Castiano, Melissa S <melissa_castiano@nps.gov>, FireCloud, Dorothy M <Dorothy_FireCloud@nps.gov>, Gillard, Autumn A <autumn_gillard@nps.gov>, Benson, Gloria B <gbbenson@blm.gov>, Sims, Marty R <Marty_Sims@nps.gov>, Amanda Bundy <abundy@kaibabpaiute-nsn.gov>, rmaldonado@kaibabpaiute-nsn.gov <rmaldonado@kaibabpaiute-nsn.gov>, Yolanda Rogers <yrogers@kaibabpaiute-nsn.gov>, Natalie Britt <natalie.britt@zionpark.org>, LeAnn Shearer <lshearer@kaibabpaiute-nsn.gov>, John McClellan <jmcclellan@kaibabpaiute-nsn.gov>, Bullets, Daniel <dbullets@kaibabpaiute-nsn.gov>

Good Morning

Please see the vacancy announcement for a Tribal Relations Specialist below. This opportunity is a GS-07/09, with a full promotion to GS-11. This position is open to the public. This developmental position will serve as the Tribal Relations Specialist for Zion, Cedar Breaks, Pipe Spring, and Bryce Canyon.

Please help us pass the word on to all that may be interested. Thank you

<https://www.usajobs.gov/GetJob/ViewDetails/778001200>.



TRIBAL RELATIONS SPECIALIST

This position serves as a key role in managing Tribal Relations for Pipe Springs National Monument, Zion National Park, Bryce Canyon National Park, and Cedar Breaks National Monument



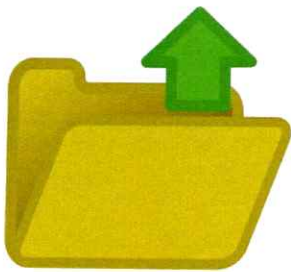
If you have moved recently, please update the Tribal Trust/Enrollment Office of your new address. Use the Per Capita Information Form with your new address, and don't forget to use the Minor's Per Capita Form to update your children's address as well. Providence Trust relies on the information on file with the Tribal Trust/Enrollment Office to verify addresses. Both forms can be found on the tribe's website on the Tribal Trust link. Both forms need to be notarized before you submit the forms.

If your move has caused you to change banks and you use direct deposit to receive your Per Capita payments, make sure to update your banking information as well. This form can be found on the tribe's website: kaibabpaiute-nsn.gov; Tribal Trust link; ACH

Authorization Form. Do not forget to check one of the boxes on the Account # line indicating either a checking account or a savings account; this is important for our Finance Department to ensure that your direct deposit transfers correctly.

If you need assistance with any of the forms, please contact Valencia at 928-643-8321, or vcastro@kaibabpaiute-nsn.gov. I am in the office Monday through Thursday, from 8:00 am till 12:00 pm. If I am not in the office when you turn in your updated forms, you can leave them with the receptionist to place in my mail slot.

Please do not submit any form using **Facebook Messenger**. This is not a secure way to submit a form that contains confidential information.



The next scheduled Enrollment Committee meeting is scheduled for March 7, 2024. The committee will be reviewing all completed enrollment applications for automatic enrollment.

If you want to enroll your children or grandchildren into our tribe, please contact me to get an application. Due to one page being on a larger sheet of paper these forms are not online.

News from the Tribal Housing Department

Spring is almost upon us.

If anyone has cars they want to get rid of, please let us know, we will be hauling off cars, again.

Just a reminder to keep the lids closed to the dumpsters. Let's strive to keep the dumpster areas clean.

Also ashes from the wood stove can be buried by your house. **DO NOT PLACE THEM IN THE DUMPSTERS.**

The big dumpster behind the Housing office is for big items, NOT for household garbage. We have had people dump their household garbage in the big dumpster and the crows get a hold of the bag and then there is garbage everywhere. Your cooperation is appreciated.

Just a reminder **ALL** work orders must be called in or emailed to either Yolanda or LaWanda. If this is not done, the work needed will not be completed. This covers both you and the department.

DPW payments are due before the 20th of the month. If you pay after the 20th, you will be assessed a 5% fee in addition to your balance due.

If your DPW bill is paid in full before the due date, you will receive a 5% discount.

Rental/House payments are due by the 15th of the month. You are considered late on the 16th.

Both Rent/House and DPW payments can be made using a debit/credit card. There is a \$4.00 fee and you can call finance to make your payment.

If you know your going to be late, please contact us.

Also remember ALL Rental tenants must report an increase/decrease of income as soon as possible.



Spring Into Action



Home Maintenance Spring Checklist

- **Check** roof for missing, loose, or damaged shingles.
- **Check** chimney and roof vents for any nests and animal infestation.
- **Clean and inspect** gutters and downspouts.
- **Check and touch up** exterior paint.
- **Test** smoke and carbon dioxide alarms and change batteries.
- **Clean** debris from dryer lint trap and exhaust duct.
- **Remove** dead leaves and other debris around foundations, decks, porches, and stairs.
- **Check** grills for rust, worn parts, insects, grease, and other debris before use.
- **Use** grills at least 10 feet away from the house or any building.
- **Inspect** caulking and seams on doors and windows.
- **Check** for cracks or leaks around the foundation.
- **Drain and flush** sediment from water heater and check for leaks or corrosion.
- **Clean** ducts and filters on HVAC system.
- **Trim trees** that are touching or overhang the roof or gutters.
- **Power wash** vinyl siding.
- **Inspect** caulking around base of shower and sinks, scrape it out, and replace if needed.
- **Vacuum** under refrigerator and clean condenser coils.
- **Clean** kitchen and bathroom exhaust fans.



Pest Control

March 6, 2024

Starting at 8am

ALL rental units, inside and outside will be sprayed.

All MH/homeowners contact our office if interested, 928-643-8308 or 8328, the cost is \$50.00

The next pest control will be May, 2024

Kaibab Band of Paiute Indians



SOUTHERN PAIUTE CONSORTIUM 2024 ANNUAL RIVER TRIP

The Southern Paiute Consortium is looking for tribal members that want to attend the 2024 10-day Grand Canyon River Monitoring trip from Lee's Ferry to Diamond Creek.

River Trip Dates: **June 8th – 17th, 2024**

If you are interested in this year's Grand Canyon River trip, please give me a call, or email me Monday – Friday 8am to 5pm.

Once I get your call or email you will be sent an application which will need to be filled out and returned to me on or before May 8th, 2024. On this day all Applications will be put on the tribal council meeting agenda, and the Tribal Council will choose the Tribal member participants.

Thank you,

A handwritten signature in black ink that reads "Daniel Bullets".

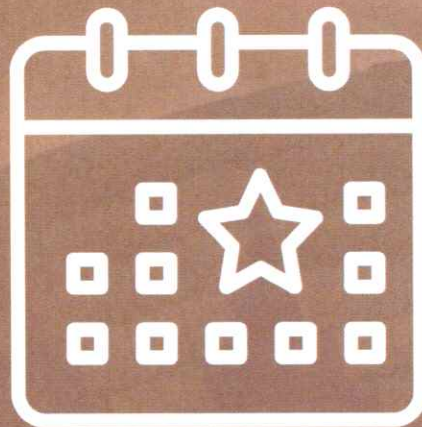
Daniel Bullets
Cultural Resource Director/Southern Paiute Consortium Direct
Phone: 928-643-6278
Email: dbullets@kaibabpaiute-nsn.gov

Cultural Resources

HC 65 Box 2
Pipe Spring, Arizona 86022

Phone 928-643-6278

Kaivavich Language Classes March 2024



Thursday, March 14th

Kaibab Community Building

Thursday, March 28th

Eagle Mountain Community Building

5:30 pm Dinner

6:00 PM Class Starts

KAIVAVICHLANGUAGE.COM



Tuhweenuh Winter Storytelling

FRIDAY, MARCH 8, 2024

6:00PM – 7:30PM

KAIBAB RV PARK

Join us for Hot Coco and Cookies

Public Welcome

Tribal members sign up to be a storyteller
all storytellers receive a thank you gift

For more information contact
LeAnn (928) 643-7365



ELDERS 60+

Spring SOCIAL

Celebrate the new season with us at the Elders 60+ Spring Social! Games, Crafts, Raffles, Food & Good Company!!

TUESDAY

19
MARCH
2024

9:00AM - 2:00PM

Senior Building

Sponsored By Cultural Preservation
In collaboration with Economic Development,
IT, Title XX, Emergency Services, HR, Social
Services, Substance Abuse Prevention, &
Education

MORE INFO

Contact LeAnn (928) 643-7365



Title XX / Title VI

Hello everyone!

My name is McKenna Yracheta I am the new Title XX / Title VI worker. Please feel free to contact me at **(928)643-6713** or by email at **myracheta@kaibabpaiute-nsn.gov** if you need any wood delivered, need chore services (for eligible seniors only), or need to go to the grocery store. I am here to help and look forward to working with you all.

Title VI transportation Schedule

Transportation will be provided on Tuesdays & Thursdays on a regular basis.

Please sign up/schedule before 8am

Starting February 27th at 9am transportation will be provided to Kanab to the grocery stores & February 29th at 9am to Colorado City to Bees

Times and days are subject to change. For more information contact McKenna Yracheta- Title XX/Title VI by phone at (928)643-6713 or email at myracheta@kaibabpaiute-nsn.gov.



St. Mary's
Food Bank

MEMBER OF
FEEDING
AMERICA



COMMUNITY FOOD DISTRIBUTION

ALL ARE WELCOME!

Do you need food? Join us for a **FREE** food distribution to assist the community.

Please see below for additional information.

Wednesday, March 13th, 2024

Drive Thru Distribution: 9am- 11am

2 N Pine Springs Road (Behind the Chevron) Kaibab, Arizona

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

For more food resources, please visit: www.AZFoodHelp.org or call 2-1-1

Distribution: 2nd Wednesday, 9am-11am

January '24						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February '24						
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March '24						
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April '24						
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May '24						
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June '24						
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July '24						
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August '24						
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September '24						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October '24						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November '24						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December '24						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Mobile Markets are designed to distribute fresh fruits, vegetables, perishable and nonperishable products to the community without the need for storage.

This is accomplished in a same-day, pop-up style distribution supported by the agency partner and their volunteers. All clients must bring valid ID.

USDA and this institution are equal opportunity providers and employers. To file a complaint of discrimination, complete the form (AD-3027)

found online at http://www.ascr.usda.gov/complaint_filing_cust.html. For any questions please call us at 602-344-4124

Holiday Distribution TBA

HUMAN SERVICES

Kaibab Living Sober AA:

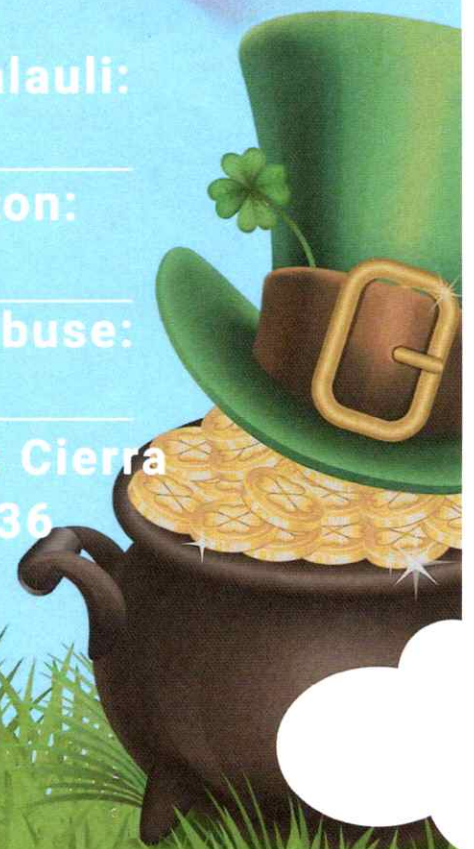
**Tuesdays @ Noon Community
Building & on Zoom
Meeting ID: 870 210 54634
Password: odat**

**Social Services: Jennie Kalauli:
(435)-689-1799**

**Mental Health: Allen Orton:
(435)-899-1782**

**Penny Keller: Substance Abuse:
(435)-689-0381**

**Support Services Assistant: Cierra
Rossman: (928)643-8336**





Your mental health is important! You are important and valuable! So, if you're feeling sad, depressed, all alone, having suicidal thoughts, PLEASE REACH OUT! Here are a few suggestions to whom you can reach out to:

CALL 911 if it's an **EMERGENCY**

CRISIS HOTLINE.....TEXT NATIVE to 741741

SUICIDE & CRISIS LIFELINE.....CALL/TEXT 988; CONFIDENTIAL MENTAL HEALTH SUPPORT 24/7

ALLEN ORTON LCSW..... (435)899-1782

JENNIE KALAULI..... (928)643-8320

PENNY KELLER..... (435)689-0381

CIERRA ROSSMAN..... (928)643-8336

LARECIA JAKE..... (928)643-8330

DELAYNA ENAS..... (435)899-2106

MANDY BUNDY..... (928)643-8302

The Kaibab Paiute Tribal human services program has an updated list of Trauma Treatment and Mental Health providers for outside referrals.

Egg Stuffing

VOLUNTEERS NEEDED!!

**HELP US STUFF CONFETTI EGGS AND
PLASTIC EGGS WITH CANDY FOR THE
EASTER PARTY!**

WHEN: MARCH 10TH, 2024

TIME: 10:00AM

**WHERE: KAIBAB COMMUNITY
BUILDING**

**SAVE YOUR EGG SHELLS AND EGG CARTONS
DROP OFF TO LARECIA OR DELAYNA AT
TRIBAL OFFICE. NOW - MARCH 8TH**



HOP ON OVER FOR OUR
Kaibab Paiute Community
Easter Party



Join us on
March 16th, 2024



Kaibab Community Park

(Each household bring a dozen boiled colored eggs to tribal office by 03/15/24 before 4:00 pm)



Egg Hunt at 10am

line up at 9:45am

NO EXCEPTIONS



Contests Ages 3 and Up: Bring items to party
 Wreath

Bonnet/Hat

Painting/decorating an egg

THERE WILL BE GAMES TOO!



Main course: Brisket
 Kaibab - Dinner Rolls
 Juniper- Green Salad
 Redhills - Fruit Salad
 Off Reservation - Jello

Steamboat- Potato/Macaroni salad



CHR DEPARTMENT PRESENTS

Native Food for Life Class

**Plant-Based Cooking & Nutrition to
Prevent and Treat Type 2 Diabetes**

- **HANDS ON COOKING CLASS**
- **BRING YOUR OWN COOKING UTENSILS! (LOOK AT NEXT PAGE WITH RECIPE)**
- **SEND CHR A PICTURE OF RECIPE EACH MONTH AND YOU'LL BE ENTERED INTO A END OF YEAR RAFFLE.**
- **RVSP - 8 SPOTS AVAILABLE - CALL LARECIA 643-8330**

WHEN: MARCH 12, 2024

WHERE: GYM

TIME: 5:30 AZ TIME

**ZOOM LINK WILL BE POSTED THE
DAY OF CLASS**

Irish White Bean and Cabbage Stew

Add a smoky flavor by sprinkling on a little smoked salt or Liquid Smoke just before serving.

Servings: 6 Calories: 254kcal Author: Susan Voisin



4.72 from 21 votes

Ingredients

- o 1 large onion *chopped*
- o 3 ribs celery *chopped*
- o 2-3 cloves garlic *minced*
- o 1/2 head cabbage *chopped*
- o 4 carrots *sliced*
- o 1 - 1 1/2 pounds potatoes *cut in large dice*
- o 1/3 cup pearly barley *optional or substitute with gluten-free grain*
- o 1 bay leaf
- o 1 teaspoon thyme
- o 1/2 teaspoon caraway seeds
- o 1/2 teaspoon rosemary *crushed*
- o 1/2 teaspoon freshly ground black pepper
- o 6-8 cups vegetable broth
- o 3 cups cooked great northern beans (*2 cans, drained*)
- o 1 14 1/2-ounce can diced tomatoes
- o 1 tablespoon chopped parsley
- o salt to taste

Instructions

1. Crock Pot:

Place the vegetables, seasonings, and barley into a large (at least 5 quart) slow cooker. Add enough vegetable broth to just cover the vegetables (start with 6 cups and add more as needed). Cover and cook on low heat for 7 hours. Add beans, tomatoes, parsley, and salt to taste. Check seasonings and add more herbs if necessary. Cover and cook for another hour.

2. Stovetop:

Place vegetables, seasonings, barley, and broth into a large stockpot. Cover and simmer until vegetables are tender, about 45 minutes. Add remaining ingredients, check seasonings, and add more herbs if necessary. Simmer uncovered for at least 15 minutes before serving.

- ### 3. Instant Pot:
- Using an 8-quart Instant Pot, place vegetables, seasonings, barley, and 6 cups broth into the pot, seal the cooker, and set the timer to 12 minutes at high pressure. Once done, allow the pressure to come down naturally for 15 minutes and then quick release. Add the beans, tomatoes, parsley, salt to taste **as well as extra seasonings** (very important as the Instant Pot leaches out flavor of herbs.) Simmer for 15-30 minutes using the Saute setting on low.

Nutrition

Vegan Irish Soda Bread

This Vegan Irish Soda Bread is a yeast-free rustic bread made with simple ingredients. After a quick bake, the slices are ready to be slathered in vegan butter and served next to vegan Irish stew and other soups and stews!

Prep Time	Cook Time	Total Time
15 mins	45 mins	1 hr

Course: Side Dish Cuisine: Irish Servings: 8 servings Calories: 334kcal

Author: Nora Taylor

Ingredients

Vegan Buttermilk

- 2 cups unsweetened soy milk
- 2 teaspoons apple cider vinegar

The Rest

- 4-4 1/2 cups all purpose flour
- 3 tablespoons granulated sugar
- 1 teaspoon baking soda
- 1 1/2 teaspoons salt
- 4 tablespoons vegan butter, cold and cut into cubes
- 1 cup raisins, optional

Instructions

1. Preheat the oven to 425 degrees F.
2. Make the vegan buttermilk by mixing the milk and vinegar in a bowl. Set aside to curdle.
3. In a large mixing bowl, whisk together 4 cups of flour, sugar, baking soda and salt.
4. Using clean fingers, work the butter into the flour mixture until it resembles coarse crumbs. Add the raisins in now, if using.
5. Pour in the vegan buttermilk and stir with a large wooden spoon until it's mostly together.
6. Knead the dough a little bit so it comes together. It won't be a perfectly round ball of dough. Add flour to the dough and your hands as needed if it's too sticky.
7. Transfer to a lightly floured surface and shape into a round loaf. Again, it won't look perfect! Now place the loaf onto a baking pan or better yet a cast iron pan.
8. Score the bread with an x using a serrated knife, about an inch to two inches deep.
9. Bake for 40-50 minutes, until golden. Cool for 10 minutes, then slice and enjoy.

Notes

1. May use another plant milk, such as almond or oat milk.

F I T N E S S

F R I D A Y

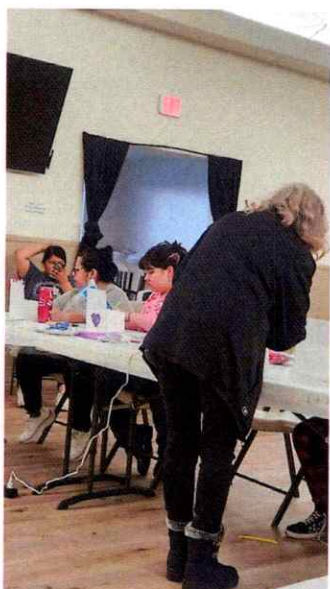
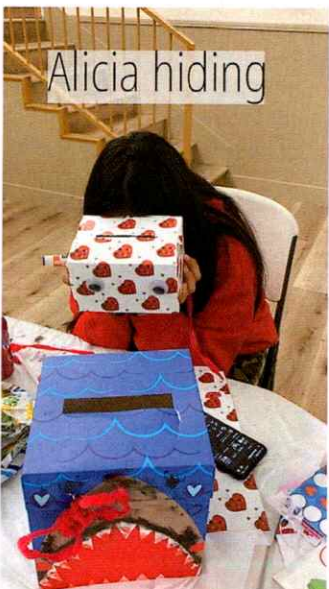
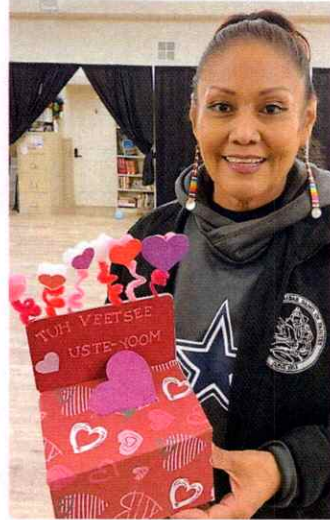
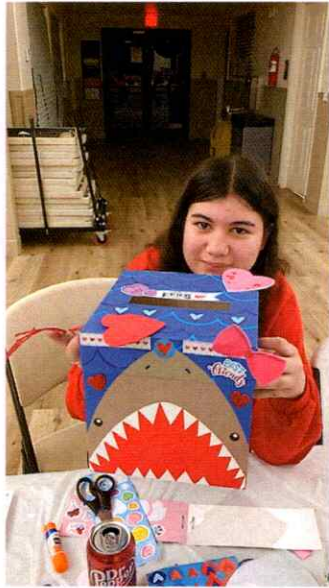
March 15, 22, & 29th
KPT Gym 10-11:30 AM

**For tribal and community youth in
the tribal service area ages 5-17**

**Transportation arrangements contact
Delayna (435) 899-2106**

**We strongly encourage youth participation,
even without transportation requests.
Water and a light snack will be provided**





Thank you for all your support!